

The 12th Annual BCI Summer Solstice Tour June 22 & 23, 2002

SATURDAY

8am Meet at Civic Center
 8:30 Get Route details, meet new friends...
 9am Roll Out!

City / Area	? = L=Left; R=Right; L' =1st Left; R' =1st Right	ride	Total	Total	
Turn	Onto: (Note)	for:	Day	Tour	
Irvine	L'	San Diego Creek BIKE PATH (Just to ALTON)	0.1	0.1	0.1
Irvine	L	just past bridge, ramp back up to ALTON EAST	0.0	0.1	0.1
Irvine	R'	ALTON (East - toward the morning light...)	7.6	7.7	7.7
East Irvine	R	BARRANCA / MUIRLANDS	5.0	12.7	12.7
Mission Viejo	R	LA PAZ (@ end of Muirlands)	0.2	12.9	12.9
Mission Viejo	L'	CABOT	2.2	15.1	15.1
Mission Viejo	L	RAPID FALLS RD (just to short Bike Trail)	0.0	15.1	15.1
Mission Viejo	R'	OSO CREEK Trail (to end onto FORBES RD)	0.3	15.4	15.4
Mission Viejo	R'	FORBES RD to MetroLink Station @ end	0.8	16.2	16.2
		24 steps or elevators to get UNDER tracks at MetroLink Stn!			16.2
Mission Viejo	R'	CAMINO CAPISTRANO (Ignore Road CLOSED signs)	1.3	17.5	17.5
SJ Capistrano	to	CAMINO CAPISTRANO Road Closure (Bikes OK)	0.1	17.6	17.6
SJ Capistrano	to	CAMINO CAPISTRANO through town...	5.1	22.7	22.7
Dana Point	to	DOHENY PARK RD (Camino Capistrano)	0.5	23.2	23.2
Capistrano Bch	to	CST HIGHWAY SOUTH/EL CAMINO REAL(Carl's Jr*)	7.5	30.7	30.7
San Clemente	R	CHRISTIANITOS @ end of CAMINO REAL	0.2	30.9	30.9
San Clemente	L	BIKE PATH just beach side of the I-5 Freeway			30.9
		South Bound on-ramp... to Old Hwy... Over Bridge...			30.9
San Onofre		Past Power Plant & through State Beach...			30.9
Camp Pendleton		under FRWY follow BIKE PATH to end at	12.2	43.1	* 43.1
Camp Pendleton	R	LAS PULGAS (SAG* group up to ride freeway!)	0.2	43.3	43.3
Camp Pendleton	L'	I-5 Freeway (exit at rest area & regroup!*)	8.0	51.3	51.3
Oceanside	EXIT	OCEANSIDE HARBOR DRIVE @ Denny's*	0.2	51.5	* 51.5
Oceanside	R'	HARBOR DRIVE (vear Left at marina)	0.6	52.1	52.1
Oceanside	L	PACIFIC (slow but more scenic than Hell St!)	3.3	55.4	55.4
Oceanside	L	CASSIDY (under bridge & just over tracks)	0.1	55.5	55.5
Carlsbad	R	BROADWAY (Bike Route)	0.3	55.8	55.8
Carlsbad	L	VISTA (Bike Route - just to COAST HWY)	0.1	55.9	55.9
Carlsbad	R	COAST HWY / CARLSBAD BLVD (S-21)	4.0	59.9	59.9
Carlsbad	R	POINSETTIA @ Camp Ground entrance on Right!	0.1	60.0	60.0
		SOUTH CARLSBAD STATE BEACH (Sites 146&147)		60.0	60.0
		(760) 438-3143 (Check-in @ 2PM)		60.0	60.0
		- or -		60.0	60.0
Carlsbad	L	POINSETTIA (@ Camp Ground entrance)	0.3	60.3	60.3
Carlsbad	L'	AVE ENCINAS (@ 1st signal)	0.1	60.4	60.4
Carlsbad	R'	RAINTREE to the	0.1	60.5	60.5
		ECONOMY INNS OF AMERICA			
		(760) 931-1185 (Check-in is after 1:00 PM!)			

12:55 Sun at highest point: 79.4° above horizon (high noon)
 1pm Check In @ Inn : Chill @ pool or Beach until rooms are ready!
 2pm Check in camp sites; Pick tent site, swim, surf, relax at the beach...
 5pm Walk or ride over to Inn from camp grounds for Dinner!
 5:30pm Assemble for Dinner by the pool...
 6pm Dinner at the Panda Buffet
 7pm Sun Set. Party & Roast Marshmallows around the fire !
 8:08 Sun Sets after 14:26 hours of daylight
 9:30 Clean up & quite down / head back to Inn or crawl into tents...



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SUNDAY

5:42am Sun Rise (behind the hills & fog)
 7am Break Camp...
 7:30 Go to Inn for free coffee
 8am Ride!
 9am Breakfast at the Carrow's in Oceanside or on down the road

	?	=	L=Left;	R=Right;	L' =1st Left;	R' =1st Right	ride	Total	Total		
	Turn	Onto:	(Note)				for:	Day	Tour		
				Leave camp ground & head for the Inn...							
Carlsbad	EXIT	POINSETTIA	from campground main gate	0.3	0.3	55.7					
Carlsbad	L'	AVE ENCINAS	(1st signal over bridge)	0.1	0.4	55.8					
Carlsbad	R'	RAINTREE	to hotel parking lot	0.1	0.5	55.9					
Carlsbad	R'		Hot coffee @ the Inns of America lobby...		0.5	55.9					
Carlsbad	L'	RAINTREE	leaving hotel parking lot	0.1	0.6	56.0					
Carlsbad	R'	AVE ENCINAS	(yes RIGHT - NORTH ->)	1.5	2.1	57.5					
Carlsbad	L	PALOMAR AIRPORT ROAD	(merges onto PCH NORTH)	0.5	2.6	58.0					
Carlsbad	R	PCH / (S-21) CARLSBAD ROAD / COAST HWY / HILL		6.4	9.0	64.4					
Oceanside		Or take VISTA~BROADWAY~CASSIDY~PACIFIC Bike Route back to Harbor								64.4	
Oceanside	R	HARBOR	(Under bridge, merging cars, stay left)	0.3	9.3 *	64.7					
Oceanside	L'	SAN RAFAEL	onto I-5 N (regroup 4 Freeway! *)	8.0	17.3	72.7					
Camp Pendleton	R'	Exit Freeway	at LAS PULGAS (*SAG)	0.1	17.4	72.8					
Camp Pendleton	L'	BIKE PATH /	Route back to San Clemente	12.2	29.6 *	85.0					
San Clemente	R	CHRISTIANITOS		0.2	29.8	85.2					
San Clemente	L'	EL CAMINO REAL /	COAST HWY (*SAG @ Carl's*)	7.5	37.3 *	92.7					
Capistrano Bch	to	DOHENY PARK /	CAMINO CAPISTRANO back to	7.0	44.3	99.7					
Capistrano Bch	L	@Laguna Niguel /	Mission Viejo MetroLink Depot *	0.1	44.4 *	99.8					
Mission Viejo		24 steps or elevators to get UNDER tracks at MetroLink Stn!								99.8	
Mission Viejo	R	FORBES RD	(to Trail on left at end of road)	0.8	45.2	100.6					
Mission Viejo	R	OSO CREEK Trail	(to CABOT at RAPID FALLS)	0.3	45.5	100.9					
Mission Viejo	L'	RAPID FALLS RD	(just to get back on CABOT)	0.0	45.5	100.9					
Mission Viejo	R	CABOT		2.2	47.7	103.1					
Mission Viejo	R	LA PAZ		0.2	47.9	103.3					
Mission Viejo	L	MUIRLANDS /	BARRANCA	5.0	52.9	108.3					
Irvine	L	ALTON		7.6	60.5	115.9					
Irvine	R	@ Civic Center	or BIKE PATH back to start!	0.1	60.6	116.0					

**SAG TRUCK will look for you at San Rafael, Las Pulgas, Carls Jr & MetroLink to bail out...*

√ Avoid the P. D. Colinas & Crown Valley hills by taking...

The NEW MetroLink underpass / Forbes Road **SHORT CUT!**

NO MUD, Creeks to ford or SAND!

Noon: 12:55 Sun at 79.4' above the Horizon... be prepared for **EXTREME** heat!

K E E P H Y D R A T E D !

It gets VERY HOT when we leave the coast!

